



## TRAINING CONTENT

### Solo & Social VR

We are continuously adding to our extensive training portfolio to provide you with illuminating, delightful experiences, rivaling some of your favorite shows and music.

#### inspiring & innovative

Our VR training courses are paired with a training guide that is accessible across media devices like your smart phone and computer, making for bite-sized sessions that can be finished on a quick commute or between activities.

As well as being entertaining, many of the VR courses in our current portfolio offer value across multiple disciplines:

- meaningful leadership
- prioritization & time management
- brain activation & mental fitness
- systemic organizational development
- effective communications skills
- persuasive voice and body language
- agile learning
- media savviness
- negotiations training
- psychological health & resilience
- neuro-linguistic programming (NLP)
- personal development
- conflict management
- stress management & mindfulness

#### creative & customized

Do you have an idea for specialized kinds of training that would benefit you or your company? We love working with customers to create new content together. Get in touch with us and let's talk about how we can help.

INTERESTED IN  
LEARNING MORE?

Call us at  
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send us an e-mail at  
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